



**Main Office**

3444 West Dundee Road  
Northbrook, IL 60062

**Voice:** 847-559-8195

**Fax:** 847-559-8199

**Homepage:** [www.isrc.us](http://www.isrc.us)

**Email:** [isrc@isrc.us](mailto:isrc@isrc.us)

**Helpline(Voice/TTY):** 800-550-4772

**TTY:** 847-559-9493



## Eat Dinner with Your Family Night



Monday September 22, 2014

The fourth Monday of September is National Eat Dinner with Your Family Night.

Deaf Can Do It too!!



Message to parents: Parental Engagement Makes a Difference! Be Involved. Stay Involved.  
*Research shows that children who eat dinner with their families do better in school and are less likely to take drugs.*

### Ideas for Deaf Can Do It: Eat Dinner with Your Family Night

<u>At Home</u>	<u>At School</u>
Make a menu	Show and tell
Make placemats	Videotape students telling story about dinner
Design a family flag	Draw a picture of the dinner
Take a picture of the family	Collage of food from dinner
Help cook the dinner	Write a story about dinner
Make place cards	Dinner time vocabulary
Look at family photos	Dinner time math



Illinois Service Resource Center  
www.isrc.us

# Deaf Can Do It: Eat Dinner With Your Family Night September 22, 2014

## Daily Menu Planner

### Appetizer



### Soup/Salad

### Main Dish



### Dessert



### Drink/Beverage

