



Main Office
3444 West Dundee Road
Northbrook, IL 60062

Homepage: www.isrc.us
Email: isrc@isrc.us

Voice: 847-559-8195
Fax: 847-559-8199

Helpline(Voice/TTY): 800-550-4772
TTY: 847-559-9493

Resources Available in the ISRC Library about Attention Deficit Disorder (ADD) and Attention Deficit Hyperactivity Disorder (ADHD)

Title	Author	Format	Summary
50 Activities and Games for Kids with ADHD	(none)	Book	Formerly titled "The Best of "Brakes" An Activity Book for Kids with ADD", this activity book contains games, activities, and resources to help make life more manageable and fun for kids with ADHD.
ADD: Stepping Out of the Dark	(none)	VHS	Allows the viewer to feel the frustration, the lack of attention and the confusion of A.D.D. Through the re-creation of true life situations and intriguing camera work the viewer can actually feel what it is like to have A.D.D. This docu-story features perspectives from families, a doctor, an adult, and an educator, and includes accounts compiled from those with A.D.D. from all over the nation.
ADD Hyperactivity Handbook for Schools: Effective Strategies for Identifying and Teaching ADD Students in Elementary and Secondary Schools	Harvey C Parker	Book	Explains all about attention deficit disorders, reviewing the history, causes, and methods of identifying and evaluating students with ADD. Specific topics include school-based assessment, classroom accommodations, practical interventions that work, and behavioral contracting.
ADHD: 102 Practical Strategies for Reducing the Deficit	Kim Frank	Book	Emphasizes two keys: First, the adults (parents and educators) learn how to set up the optimal environment for children and adolescents with ADHD. Secondly, and just as importantly, skills are imparted to kids with ADHD so they may gain a sense of control and focus in their lives.
ADHD: a Complete and Authoritative Guide	Michael I Reiff	Book	Comprehensive guide to attention deficit/hyperactivity disorder (ADHD) offers that parents balanced, reassuring, and authoritative information to help them understand and manage this challenging and often misunderstood condition.
ADHD: What do we Know?		Kit	VHS and accompanying program manual that detail the difficulties of living with ADHD and discusses in detail the ways it manifests.

ADHD and the Nature of Self-Control	Russell A Barkley	Book	This far-reaching work from renowned scientist-practitioner Russell A. Barkley provides a radical shift of perspective on ADHD. The volume synthesizes neuropsychological research and theory on the executive functions, illuminating how normally functioning individuals are able to bring behavior under the control of time and orient their actions toward the future.
ADHD in Adolescents : Diagnosis and Treatment	Robin, Arthur L.	Book	This highly practical guide presents an empirically based "nuts-and-bolts" approach to understanding, diagnosing, and treating ADHD in adolescents. Balancing research and theory with detailed case examples, Arthur Robin takes readers through each step of his structured intervention program
ADHD in the Classroom: Strategies for Teachers		VHS	Designed to help teachers with their students who have ADHD, thereby providing a better learning environment for the entire class. Demonstrates methods such as social skills, color charts and signs, and point systems.
ADHD: What Can We Do?		VHS	Focuses on the most effective ways for managing ADHD. Parent-training strategies are detailed, and effective techniques, such as home token systems are demonstrated.
Attention Deficit Disorders Intervention Manual	Stephen B McCarney	Book	Provides classroom intervention strategies for the most common characteristics of ADD exhibited by students in school situations. Issues addressed include inattentiveness, hyperactivity, and impulsivity.
Attention-Deficit Hyperactivity Disorder: a Clinical Workbook	Russell A Barkley	Book	Provides a master set of the assessment and treatment forms, questionnaires, and handouts recommended by Barkley. Includes interview forms and rating scales for use with parents and teachers and helpful checklists.
Attention-Deficit Hyperactivity Disorder: a Handbook for Diagnosis and Treatment	Russell A Barkley	Book	This handbook presents the latest knowledge on the nature, diagnosis, assessment, and treatment of Attention-Deficit/Hyperactivity Disorder (ADHD). Provided are state-of-the-art guidelines for understanding and managing the challenges ADHD poses in a range of settings
Beyond the ADD Myth: Classroom Strategies and Techniques	(none)	VHS	Focuses on educating students with ADD by providing them with nurturing, stimulating, and encouraging interventions that are good for all kids and provides an array of strategies.
Creative Therapy for Children with Autism, ADD, and Asperger's: Using Artistic Creativity to Reach, Teach, and Touch our Children	Janet Tubbs	Book	This powerful teaching tool to help parents, therapists, and teachers work with their children. The author introduces and explains her novel approach to teaching. She also provides a wide variety of exercises, activities, and games designed to reduce hyperactivity, and increase and prolong focus.
Forms for Helping the ADHD Child	Lawrence E Shapiro	Book	Forms, charts and checklists for treating children with Attention Deficit Hyperactivity Disorder cover a wide range of approaches. Includes effective aids in assessing, treating and monitoring the progress of the ADHD child.

How to Reach and Teach ADD/ADHD Children: Practical Techniques, Strategies, and Interventions for Helping Children with Attention Problems and Hyperactivity	Sandra F Rief	Book	Practical strategies and techniques to improve the academic, behavioral, and social performance of students with ADHD. Offers myriad real-life case studies, interviews, and student intervention plans for children with ADD/ADHD. Contains best teaching practices and countless strategies for enhancing classroom performance for all types of students.
Hunter and his Amazing Remote Control: a Fun, Hands-on Way to Teach Self-Control to ADD/ADHD Children	Lori Copeland	Book	Unique, cognitive-behavioral approach to teaching self-control to children whether or not they have ADD or ADHD. Using the buttons on their "amazing" remote controls, children learn how to improve self-monitoring, impulse control, and self-confidence.
Parent's Guide to Attention Deficit Disorders: Intervention Strategies for the Home	Stephen B McCarney	Book	Provides parents/caregivers with specific, practical strategies to use in helping a child with ADD be more successful at home.
Practical Ideas that Really Work for Students with ADHD	Kathleen McConnell	Book	Provides teachers with practical and sensible solutions for students' problems with inattention, hyperactivity, and impulsivity. A resource for teachers, behavior specialists, psychologists, counselors, and administrators who must document interventions.
Survival Strategies for Parenting your ADD Child: Dealing with Obsessions, Compulsions, Depression, Explosive Behavior, and Rage	George T Lynn	Book	Provides strategies for dealing with problem behavior and low self-esteem in children with ADD and the stress it brings
Taking ADD to School: a School Story about Attention Deficit Disorder and/or Attention Deficit Hyperactivity Disorder	Ellen Weiner	Picture Book	Written for children, this book is well suited for reading aloud in the classroom. Will help kids understand A.D.D. and A.D.H.D. as well as educate parents, teachers, caregivers, etc.
Taking Charge of ADHD: the Complete, Authoritative Guide for Parents	Russell A Barkley	Book	Offers details about finding the right kind of specialists, putting together a disciplinary program, coping with adolescents, and building positive relationships with school personnel