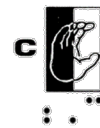


Illinois Service Resource Center

Behavior support for students who are
Deaf, Hard of Hearing, or Visually Impaired



A Service and Resource Center of the Illinois State Board of Education

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Parenting Resources Available in the ISRC Library

Books

Title	Author	Summary
<i>101 Activities for Kids in Tight Spaces: at the doctor's office, on car, train, and plane trips, home sick in bed</i>	Kranowitz, Carol Stock	Savvy, creative ways to keep kids content in tight spaces. Activity ideas combine old standbys with new ones born of desperation and cramped quarters; follow a philosophy that helps kids develop their different skills and abilities while entertaining themselves and interacting. HQ 782 .K73 1995
<i>1-2-3 Magic: effective discipline for children 2-12</i>	Phelan, Thomas	Addresses the difficult task of child discipline with humor, keen insight, and proven experience. The technique offers a foolproof method of disciplining children ages two through 12 without arguing, yelling, or spanking. HQ 770.4 .P485 2016
<i>1-2-3 Magic: 3-step discipline for calm, effective, and happy parenting</i>	Phelan, Thomas	Discipline plan that enables parents to discipline children, ages 2 to 12, by instituting a system of counting and time-outs, delivered straightforwardly and unemotionally. HQ 770.4 .P48 2010
<i>1-2-3 Magic for Kids: helping your kids understand the new rules</i>	Phelan, Thomas	Presents the "1-2-3 Magic" discipline philosophy in a child-friendly format, using the story of Rachel and Maddie to demonstrate the principles of the strategy, and includes kids' questions, puzzles, and activities. HQ 770.4 .P486 2017
<i>50 Activities and Games for Kids with ADHD</i>		Activity book that contains games, activities, and resources to help make life more manageable and fun for kids with ADHD LC4713.2.B48 2000
<i>ADHD : a complete and authoritative guide</i>	Reiff, Michael	Reveals the truth about the disorder, diagnosis, treatment and lifelong management of ADHD RJ 506.H9 R44 2004
<i>Alandra's Lilacs</i>	Bowers, Tressa	Bowers here recounts her experience as a hearing parent raising a deaf daughter and gives advice to other parents of deaf children. HQ 759.913.B68 1999
<i>Amelia & Me: on deafness, autism and parenting by the seat of my pants</i>	Hildebrandt, Melinda	The powerful story of a mother facing the many ups and downs of raising her deaf and autistic daughter Amelia. HQ 759 .H55 2017
<i>Answer is No: saying it and sticking to it</i>	Whitham, Cynthia	Tackling 26 situations that plague parents of 2- to 12-year-olds, this book helps parents define their values, build good parenting habits, and set firm, fair limits. HQ 770.4 .W48 1994
<i>Bloom: 50 things to say, think and do with anxious, angry, and over-the-top kids</i>	Kenney, Lynne & Wendy Young	An approach to parenting all children that draws on the fields of neuroscience and early childhood mental health to give insight on misbehaviors and how to produce lasting change. HQ 773 .K464 2015
<i>Breakthrough Parenting for Children with Special Needs: raising the bar of expectations</i>	Winter, Judy	Offers parents of children with special needs practical advice and a proven method for dealing with the challenges they face on a daily basis, with tips and strategies to help parents become the best advocate for their child's schooling, development, and health care needs. HQ 773.6 .W56 2006
<i>Chicken Soup for the Soul: raising kids on the spectrum</i>	Landa, Rebecca (editor)	101 inspirational stories for parents of children with autism and Asperger's. RJ 506 .A9 .C444 2013

<i>Chicken Soup for the Soul: children with special needs: stories of love and understanding for those who care for children with disabilities</i>	Canfield, Jack (editor)	Raising a child with special needs is a lifelong commitment that is as unique as each person who embarks on it. Written by a variety of authors who share in this distinctive relationship, this book offers a glimpse into the lives of others who are on a similar path. HV 888 .C475 2012
<i>Children with Hearing Loss: a family guide</i>		Provides parents/caregivers, siblings, and extended family members a better understanding of the impact hearing loss can have on their young loved one. Examples of topics included: emotional aspects of hearing impairment, impact of hearing loss on the family, hearing aids/cochlear implants. HV 2391 .C475 2006
<i>Defiant Children: a clinician's manual for assessment and parent training</i>	Barkley, Russell	Proven techniques for helping parents to understand their child's misbehavior, motivate their child and increase compliance, decrease disruptive behavior, establish proper disciplinary systems without corporal punishment, and improve school behavior with a home-based reward system. RJ 506 .B44 B36 1997
<i>Discipline that Works: 5 simple steps</i>	Divinyi, Joyce	Simple power-packed approach to making existing discipline more effective. HQ770.4.D58 2003
<i>The Explosive Child: a new approach for understanding and parenting easily frustrated, chronically inflexible children</i>	Greene, Ross	A practical, compassionate approach to treating children, who may be diagnosed with any of various psychiatric disorders, including oppositional-defiant disorder, attention-deficit/hyperactivity disorder (ADHD), bipolar disorder, and Tourette's disorder. HQ 773 .G73 2005
<i>Getting to Calm: cool-headed strategies for parenting tweens and teens</i>	Kastner, Laura and Jennifer Wyatt	With humor, wisdom and a deep understanding of the teenaged brain, noted teen expert shows parents how to stay calm and cool-headed while dealing with hot-button issues. HQ 755.85 .K27 2009
<i>Helping Deaf and Hard of Hearing Students to Use Spoken Language: a guide for educators and families</i>	Easterbrooks, Susan R.	Provides parents/caregivers, educators, and novice practitioners with the knowledge and skills regarding spoken language development to support students who are deaf or hard of hearing. HV 2483.E23 2007
<i>Helping the Noncompliant Child: family-based treatment for oppositional behavior</i>	McMahon, Robert and Rex Forehand	Step-by-step guidelines for child and family assessment, detailed descriptions of parent training procedures, effective adjunctive treatment strategies, and complete protocols for conducting and evaluating the program. RC 488.5 .M398 2003
<i>I Have Needs Too!: supporting the child whose sibling has special needs</i>	Batson, Elizabeth	When a child has special needs, their brothers and sisters face unique challenges. With quotes and drawings from kids and insights from the author's experience, this book provides practical advice on how to support the siblings of children with special needs. HQ 773.6 .B3 2011
<i>If your Adolescent has an Anxiety Disorder: an essential resource for parents</i>	Foa, Edna B.	Each disorder is accompanied by a definition, contributing factors, treatment information, and case studies. Quotes, helpful tips from parents, and sidebars appear throughout the text. Also contains an expanded table of contents, a useful appendix, a glossary, and a list of resources. RJ 499 .F1
<i>If your Adolescent has Depression or Bipolar Disorder: an essential resource for parents</i>	Evans, Dwight L.	Covers difficult topics such as suicide, involuntary hospitalization, explosive situations, and school bullying; explains how parents can help their child while taking care of themselves. RJ 506.E4
<i>If your Adolescent has Schizophrenia</i>	Gur, Raquel E.	Informative guide, written specifically to help adults spot the warning signs and seek appropriate treatment for the young people in their lives. RJ 506.G3
<i>It Takes a Parent: how the culture of pushover parenting is hurting our kids—and what to do about it</i>	Hart, Betsy	Challenging popular child-care practices that recommend against disciplinary measures, promote unhealthy levels of achievement, and minimize young people's responsibility for their own actions, a guide on how to impart character and responsible behavior in children identifies specific parent roles. HQ 755.8 .H376 2005
<i>Living a Happy Life with a Special-Needs Child: a parent's perspective</i>	Evans, Robin	Practical advice for how to deal with a variety of situations one is likely to encounter when raising a special-needs child. RJ 101 .E93 2017
<i>The Loving Push: how parents and professionals can help spectrum kids become successful adults</i>	Grandin, Temple	A roadmap to prepare our youth for being successful adults in today's world, spelling out the steps you can take to restore your child's hope and motivation, and what you must avoid. HQ 773.8 .G73 2015
<i>Masterminds & Wingmen: helping our boys cope with schoolyard power, locker-room tests, girlfriends, and the new rules of Boy World</i>	Wiseman, Rosalind	A landmark book that reveals how boys think, showing parents, educators, and coaches how to reach out and help boys overcome their most common yet difficult challenges. HQ 797 .W57 2013

<i>No More Meltdowns: positive strategies for managing and preventing out-of-control behavior</i>	Baker, Jed	Provides an easy-to-follow, four-step model to improve your everyday relationships with the children in your life: managing your own emotions by adjusting your expectations, learning strategies to calm a meltdown in the moment, understanding why a meltdown occurs, and creating plans to prevent future meltdowns. RJ 506 .C65 .B35 2008
<i>The Parent as Coach: coach your child to success: a guide for parents of children with learning disabilities and ADHD</i>	Danino, Maly	The Parent as Coach is a self-help guide for parents seeking to help their children diagnosed with ADHD and learning disabilities. LC 4704 .D36 2012
<i>Parenting a Child Who Has Intense Emotions: dialectical behavior therapy skills to help your child regulate emotional outbursts & aggressive behaviors</i>	Harvey, Pat and Jeanine Penzo	Discusses handling children with intense emotions, including managing emotional outbursts both at home and in public, promoting mindfulness, and teaching correct behavioral principles to children. BF 723 .E598 H37 2009
<i>Parenting Girls on the Autism Spectrum: overcoming the challenges and celebrating the gifts</i>	Riley-Hall, Eileen	Riley-Hall is the mother of two teenage girls, one with Asperger's syndrome and the other with autism. She offers encouragement and guidance on issues, as well as practical advice and support. RJ 506 .A9 R55 2012
<i>The Parenting Journey: raising deaf and hard of hearing kids</i>	Putz, Karen	Karen Putz grew up hard of hearing and became deaf as a teen. When her own kids began losing their hearing one by one, she figured she had all the answers. She quickly learned it was a whole other ball game to be a parent of deaf and hard of hearing kids. HQ 759.912 P555 2012
<i>The Parenting Skills Treatment Planner</i>	Knapp, Sarah and Arthur Jongsma	Provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal review agencies. HQ 755.7 .K63 2005
<i>Parent's Guide to Building Resilience in Children and Teens: giving your child roots and wings</i>	Ginsburg, Kenneth R.	Plan for resilience that helps kids of all ages learn competence, confidence, connection, character, contribution, coping, and control to help them bounce back from challenges BF 723.R46 G56 2006
<i>Positive Discipline A-Z : from toddlers to teens--1001 solutions to everyday parenting problems</i>	Nelsen, Jane	Teaches how to use kind but firm support to raise a child who is responsible, respectful, and resourceful; includes practical solutions to parenting challenges such as sibling rivalry, bedtime, anger, chores, eating problems, whining, tattling/lying, and many more. HQ 770.4 .N435 2007
<i>Raising a Thinking Child Workbook: teaching young children how to resolve everyday conflicts and get along with others</i>	Shure, Myrna	A practical parenting manual and also serves as the ideal I Can Problem Solve (ICPS) parent involvement component. Educators can use the workbook with parents to help reinforce ICPS classroom lessons at home. BF 723.I645 S487 2000
<i>Raising and Educating a Deaf Child</i>	Marschark, Marc	Comprehensive summary of everything a parent or teacher would want to know about raising and educating a deaf child. HV 2391 .M26 2009
<i>Rewards for Kids!: ready-to-use charts and activities for positive parenting</i>	Shiller, Virginia	Finding a way to encourage tots and elementary school children to behave well without resorting to bribery is a parent's number one challenge. Shiller explains why it works to catch them doing something good. Reward, not bribery, is the key. HQ 769 .S5189 2003
<i>Self-Help Guide for Special Kids and their Parents</i>	Matthews, Joan Lord	Describes the problems that children with disabilities may face, and the solutions which the authors have found to work successfully. RJ 506.A9 .M38 2000
<i>Should I Medicate my Child?</i>	Diller, Lawrence	Thoughtful and balanced discussion of the use of psychiatric medications for adolescents and children. RJ 504.7 D54 2002
<i>Smart but Scattered: the revolutionary "executive skills" approach to helping kids reach their potential</i>	Dawson, Peg	Offers suggestions for helping children develop skills to help them succeed, reducing the frustration of watching them struggle with everyday tasks like finishing homework, putting away toys, or following instructions at school. HQ 755.8 .D39 2009
<i>Survival Strategies for Parenting Children with Bipolar Disorder</i>	Lynn, George T.,	Clear, practical advice on recognizing the symptoms, understanding medication and accessing the necessary support at school as well as the managing the day-to-day challenges of parenting a child with Bipolar Disorder. RJ 506 .D4 2000
<i>Survival Strategies for Parenting your ADD Child</i>	Lynn, George T.,	Provides strategies for dealing with problem behavior and low self-esteem in children with ADD and the stress it brings. RJ 506 .L96
<i>Ten Things Every Child with Autism Wishes you Knew</i>	Notbohm, Ellen	Defines the top ten characteristics that illuminate the minds and hearts of children with autism. RJ 506 .A9 N68 2012
<i>What to do When your Child has Obsessive-Compulsive Disorder: strategies and solutions</i>	Wagner, Aureen Pinto.	Covers the essential facts about OCD, its diagnosis, causes and treatments; lays out the master plan and a child-friendly approach to helping your child overcome OCD RJ 506.O25 W343 2002

<i>Wise-Minded Parenting: 7 essentials for raising successful tweens & teens</i>	Kasnter, Laura	Provides clear and useful tools for parents, giving them effective new ways to manage their own emotions in the heat of the moment with their teen while maintaining--and even gaining--closeness. HQ 796 .K324 2013
<i>Your Defiant Child: 8 steps to better behavior</i>	Barkley, Russell A.	Explains what causes defiance, when it becomes a problem, and how it can be resolved. HQ 796 .B2765 2014
<i>Your Defiant Teen: 10 steps to resolve conflict and rebuild your relationship</i>	Barkley, Russell	Tools to overcome defiance and get teen behavior back on track. HQ 796 .B2765 2014

DVD/Kits

Title	Format	Summary
<i>1-2-3 Magic: managing children's difficult behavior</i>	DVD	Provides techniques for managing children ages 2-12, discouraging disruptive and disrespectful behavior and fostering positive behavior in its place. HQ 770.4 .A12 2001
<i>Common Sense Parenting: learn-at-home workbook and DVD</i>	Kit	Shows parents how to build better relationships with their children, teaching practical skills for encouraging positive behavior, preventing misbehavior, correcting problem behaviors, handling emotionally intense situations, and helping children succeed in school. HQ 769 .B7943 2004

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